

WEEK 3 TERM 4

NEW INFORMATION

UPCOMING EVENTS

- 26 Oct Second-hand Uniform Sale – 3:30-5:30pm in Space
28 Oct Mango Drive orders due
13 Nov Trends in International Mathematics and Science Study

PRINCIPAL'S ADDRESS

We are moving into a busy part of the term with important events and milestones occurring. For our Year 7, 8 and 9 students we have excursions to Sydney, Luna Park and parts of Canberra. Whilst these have multiple educational aspects to them, a major component is the year group building that comes from these experiences and quite often they are key memories from high school that last a lifetime. At the same time, we will be having our Year 6 Transition Day for our incoming 2024 Year 7 cohort which comprises of a full day at Mount Stromlo High. Year 6 students will be getting to know; the layout of the buildings, Year 9 students, their Year Co-ordinator (Sam Way) and some of their teachers, as well as an introduction to the different subjects they will be studying next year. This will be an exciting time for these Year 6 students but also for us as we welcome our newest additions to our school community. All these wonderful experiences require significant planning and compliance paperwork, so I'd like to thank the staff who have worked tirelessly to make these opportunities a reality for our students.

Lastly I'd like to give a plug for Stromfest that is on Wednesday and Thursday night next week. Stromfest is a great night out with exceptional performances and displays. Every year I am blown away by our students' skills and performances and I'm sure that this year will be no different, so make sure you get your ticket ASAP!

OUTDOOR EDUCATION – SURVIVOR CAMP

Permission Notes for this term's camp have been handed out this week, they are due Friday of Week 5 (10th November).

If your child has a dietary consideration or known medical condition, please make sure you have also filled out the additional response plans attached to the permission notes.

Camp Dates are as follows:

Line 4: Week 7 Wed – Fri (22-24 Nov)

Line 5: Week 8 Mon – Wed (27-29 Nov)

MBA Group Training
**CARPENTRY
CAREERS
EVENING**

26 October 2023
4:30pm – 6:30pm
1 Iron Knob Street,
Fyshwick, ACT, 2609

THE EVENT:

- Take a tour of the MBA facilities and discover where you'll be learning the tricks of the trade from the local industry's best trainers.
- Gain an overview of what a career in carpentry looks like, discover why you should train with the MBA and hear about the extensive apprentice support services
- Meet with a variety of employers and discuss the next steps in starting a career in carpentry.

Scan the QR code to find out more

MASTER BUILDERS
GROUP TRAINING
RTO NO. 06955
ABN 62 130 600 212

Careers Website - <https://www.mountstromlocareers.com/>

Careers Google Classroom code: gjn4ugn

For further information on any of the Career opportunities please contact traci.Chatfield@ed.act.edu.au

Check out the parent's section on our website.

www.mountstromlocareers.com

SEMINARS

Focus - ADHD

Has your teenager or pre-teen been diagnosed with ADHD? Think Mental Health will be running a free seminar on parenting an adolescent with ADHD and how that intersects with mental health concerns. Parents will be provided with information, practical tips and tricks on navigating this space. Adjunct care is provided - please email details of the children. Topics covered:

Overview of adolescence

Understanding ADHD

Special Adolescent challenges

Co-occurring MH conditions.

What can you do

When to be concerned

Where to get support

Q&A

Register here: <https://www.eventbrite.com.au/e/perks-parenting-seminar-focus-on-adhd-tickets-739909748977?aff=oddtcreator>

Focus - Disordered Eating

Is your child showing signs of disordered eating and body image concerns? Learn about the warning signs, practical strategies to best to support your teen or pre-teen with recovery and when you need to seek professional help. Adjunct care is provided - please email me with the details of the children.

Details are:

Date: Tuesday, 7 November

Time: 4-6 pm

Venue: Woden Community Hub, Westfield Woden, above Commonwealth Bank

Register below:

<https://www.eventbrite.com.au/e/perks-parenting-seminar-focus-on-disordered-eating-tickets-721676181887?aff=oddtcreator>

CANTEEN ONLINE ORDERS – FLEXISCHOOLS

School lunch orders can be made through Flexischools. Instructions on how to set up your account and order are below:

Set up your account

1 Download the Flexischools App
Note: for iPhone and iPad please select 'Allow' notifications.

2 Login/Register

- **Already a Flexischools user –**
Enter your details and login.
To save your login details select 'remember me'.
- **New Flexischools user –**
Click '**Register**', enter your email address and follow the instructions in the email to set up your account. Once your account is set up, add new student; search for their school, enter student details and select their class.

3 Top Up Your Account

To make ordering fast and simple, you can set up automatic top ups.

Order

1 Place your Order

In the Flexischools App, click the '**Order now**' button located in the bottom right-hand corner of the app and select your student.


2 Make your Selection


Select the items you wish to order.


3 Make Payment


Select your payment option and complete payment to place your order.


Alternatively you can sign-up at flexischools.com.au



 10 years supporting the school community

 Committed to healthy eating

 Over 1,500 happy schools



SCRAMBLED SENTENCES

and leaves are pretty the blossoms The Spring pretty are Autumn. in in

REMINDERS

TIMSS

Our school has been selected to participate in the **Trends in International Mathematics and Science Study**.

This comprises of a couple of assessments to do with maths and science and a questionnaire on home background, attitudes towards learning and experience at school.

Two Year 8 classes have been selected and will complete the assessment on Monday 13th November. The lucky two classes are:

Ms Akers-Barnes' Line 3 and

Ms Streatfeild's Line 2 class.

Please see the attached flyer for more information.

If you need further information or you wish your child to not be part of the assessment, please contact Rod Grieve on rod.grieve@ed.act.edu.au

MANGO DRIVE

The P&C Association will be holding their annual Mango Drive. If you wish to purchase a tray of mangoes, please order and pay using this link <https://square.link/u/eQ5deYpk>. Each tray will cost \$24, orders will close on October 28th. Please see the attached flyer for information.

UPDATED BUS TIMETABLE

Transport Canberra has announced today that a [new bus timetable](#) will be implemented from Monday 9 October to align with the start of the school Term 4.

The timetable features more frequent weekday bus services, most of which will run at least every 30 minutes throughout the day.

A return to 30-minute daytime frequencies will ensure improved off-peak services can be provided between 9.30am and 3.30pm, while maintaining reliability. The increased frequency has resulted in changes to the first and last service times for some bus routes.

Some refinements have also been made to 14 school services based on school and community feedback, and to align with updated school bell times.

FACEBOOK

Follow us on Facebook to stay up to date on all the happening at school [here](#) or search for Mount Stromlo High School in your app.

UPDATING CONTACT DETAILS

Need to update your contact details? Call the Front Office anytime or email Student Records.

ANSWER

The blossoms are pretty in Spring and the leaves are pretty in Autumn.

Submitted by Laine (Year 8)

