

Excursion Information

Dear Parents and Carers,

The following details relate to participation in the Year 9 Camp involving various camp activities.

Name of Excursion	Year 9 Camp
Purpose/Information	For year 9 students to attend a two-night camp, which includes various outdoor activities including high ropes, to foster connection across the cohort. Through team building activities, students will develop their communication skills, forge stronger resilience habits and make life-long shared memories with their peers.
Date and Time	Wednesday 19 August arrive at MSHS 6:45am Friday August 21 return to MSHS 3:30pm
Transport	CDC Canberra Charters
Venue/Location	AGH Camps, 71 Dredge Avenue, Douglas Park, NSW
Teacher in Charge	Shane White
Anticipated number of students and staff ratio	Total Students: 120 (First come basis) Total Staff: Minimum 6 teachers + additional LSA support as required Staff to Student Ratio: 1:20
Contingency	Families will be advised on any cancellations prior to the excursion date. In the event of a cancellation, students are expected to attend school as a normal school day. The excursion would be postponed to a later date.
Cost	\$420
Due Date	Friday 31 July 2026 <i>*Notes may not be accepted after this date</i>
Additional Information	Students need to arrive by 6:45am on the date of departure. Students should return to MSHS by 4:00pm on the return date. This is approximate times only; any changes will be posted on the school's social media pages. Packing list and additional information is included below.
Safety/Emergency procedures	If needed, the school can be contacted at 6142 3444 (during business hours) or 0403 469 754. In an emergency the school has access to all facilities and the appropriate emergency services.
Excursion Risk Assessment	Available at the front office

The school has made every effort to keep cost for this excursion at a minimum level. If necessary, parents or students can confidentially discuss support to meet the cost of the excursion with the Business Manager or Principal. Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities. Parents should be aware that staff members are not responsible for injuries or damage to property which may occur on an excursion where, in all circumstances, staff have not been negligent. Parents should warn children of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.

Physical Activities Permission Note Year 9 Camp

I give permission for my child _____ in year _____ to attend the Mount Stromlo High School, Year 9 Camp to AGH Camps in Sydney on Wednesday 19 August to Friday 21 August 2026 travelling by bus and other details as outlined in the Excursion Information for Parents (including contingency plans).

Dietary

If your child has any dietary requirements, please tick the corresponding box below, otherwise leave blank:

Egg free Gluten/Wheat-free Halal Lactose/Dairy-free
Nut free Vegan/Vegetarian

Other (please describe) _____

I agree that my child will be under the authority of the school for the duration of the excursion and that the school is authorised to return my child to school or home at my expense if the school considers that circumstances warrant such action. I give permission for my child to travel by private car, driven by a staff member or parent, in an emergency. Parents/carers are responsible for ambulance costs outside the ACT.

The **Medical Information and Consent Form** is required to be completed annually, at the start of the school year, and prior to the first excursion. Please update and inform the school of any changes in your child's medical details as they occur.

Are there any changes since you last completed the Medical Information and Consent form?

Yes **No**

If yes, an updated Medical Information and Consent Form is required to be completed (available through the front office).

Will your child require medication to be administered during the excursion (e.g. allergy medication, pain relief)?

Yes No

If yes, please complete a **Medication Authorisation and Administration Record** (available through the front office).

Is there any additional information you need to provide to support your child's participation in this excursion?

Yes No

If yes, please provide these details:

I agree to my child taking part in the physical activities associated with this excursion.

Name of Parent/Carer: (please print) _____

Signature: _____ Date: _____

Payment Slip Year 9 Camp

I am paying the amount of \$ _____ Student Name: _____

Payment options:

via Parent Portal / SentralPay (link via email)

Cash or EFTPOS at the school office

If you fill in this form, your personal information and that of your child will be collected and handled by the ACT Education Directorate (the Directorate). This information is necessary for us to manage student participation in excursions and support the welfare and safety of your child. If you do not consent to supply us with this information your child will be unable to participate in the excursion. Normally, we will not use or disclose this information for another purpose, without your consent, unless you would reasonably expect us to use or disclose the information for a related purpose. Normally we only share information with school staff and, where necessary, parents or volunteers assisting with the excursion to appropriately and effectively manage the excursion. The Directorate has a privacy policy that explains how we handle personal information, including how we handle privacy complaints. The policy is available on the Directorate's website (education.act.gov.au) on the About Us page.

The school has made every effort to keep costs for this event at a reasonable level. The school requests parents and carers to make a voluntary financial contribution towards meeting the cost of your child's participation in this event. We have a student support and school equity fund, which can be used to provide financial assistance for students where parents are unable to make the requested contribution. If however, there is insufficient total funding available to meet the cost of the program/camp/excursion, regrettably we may not be able to proceed. Please contact the Business Manager or Principal if you would like financial assistance for your child/children.

Additional Information Year 9 Camp

The packing list below has been prepared to ensure that all students have the appropriate equipment and clothing to fully participate in the range of activities at the campsite. Parents can find more information on AGH Camps's website, which has a parent information page and a gear checklist page. Website here: <https://aghcamps.com.au/parents-school-camp/gear-checklist/> If you have any questions about the gear requirements or are unable to supply something, please contact the camp organiser Shane White at: Shane.white@ed.act.edu.au.

Packing checklist:

- 2-3 pairs of shorts
- 2-3 t-shirts (no singlets, sleeveless or midriff tops)
- 1-2 pairs of long pants (in the event of cold weather)
- 1-2 jumpers
- socks and underwear
- Hat or cap (beanie in the event of cold weather)
- Raincoat
- Pyjamas
- 1 pillow and pillowcase
- 1 sleeping bag or sheets with blanket
- Water bottle
- sunscreen, insect repellent (no aerosols) and sunglasses
- 2 pairs of sensible sneakers or boots (one old pair that can get wet)
- 2 plastics bags for dirty/wet clothes
- Toiletries, including soap (no aerosols), toothbrush and toothpaste
- 2 towels (one for outdoors, one for showers)
- Day backpack
- Medications (if required – must be clearly labelled with child's name and handed in to the teacher)
- Handkerchief or tissues

Optional:

- Camera

Handy hint: Please label clothing, towels and sleepings bags with your child's name. You will need to supply a sleeping bag or blanket and pillow.

What not to bring:

- Aerosol cans (e.g. spray on deodorant or insect repellent)
- Thongs, Ugg boots or slippers (these cannot be worn around the centre or on activities).
- Mobile phones and other electronic devices
- Jewellery
- Valuables

In addition to the above items, it is also recommended that you bring a small day bag so that personal items such as medications, water bottles, hats, raincoats, insect repellents and sunscreens can be easily carried during the day.

Luggage

One travelling case/bag and a sleeping bag is allowed per child and should be clearly marked with your child's name, address and phone number. Remember, your child will have to carry their luggage, so make sure it's not too big or too heavy. *Handy hint: Pack items needed on the trip in a smaller, light bag.*

Bed wetting

If your child is prone to bed wetting, please let the school or Centre staff know beforehand, so staff can deal with the situation in a discreet and caring manner. Please provide a waterproof mattress protector if required.

Asthma and/or anaphylaxis

If your child has asthma and/or is at risk of anaphylaxis, it's essential that you provide an asthma and/or anaphylaxis management plan, so the staff knows what action to take in the event of an attack. Children with asthma should bring their own peak flow metres and always keep their inhalers with them.

If your child suffers from anaphylaxis, they should have an anaphylaxis action plan which has been prepared by their doctor. If your child has a plan, please provide it to the Centre. Children at risk of anaphylaxis need to bring at least one adrenaline auto injector. On catered programs, children with food allergies are required to wear an identifying red wristband. This is an added precaution to assist staff when managing situations where food allergens may be present.

Handy hint: Please make sure you put all important medical information on the medical and consent form.

Accommodation

Students will be staying in cabins, with male and female students accommodated separately. Teachers will stay in a room nearby and will be responsible for student safety and behaviour.

Mobile Phones

As this is a school event, the Mount Stromlo High School Phone Policy will be enforced. A copy of the policy can be requested at the Front Office or found on our school website.