

Year 7 Wellbeing, Health, Awareness and Management (WHAM)

Semester 2 Course Outline

This semester is divided into two major units. Term 3 will focus on relationships. Students will apply personal and social skills to establish and maintain respectful relationships that promote safety and inclusivity. In Term 4, students will focus on risk-taking behaviour and minimising risk as well as enhancing their own, others' and the community's safety. The learning will also develop students' self-awareness and self-management as they learn how to identify indicators of possible problems in relationships and social settings; how to effectively communicate these problems to others; and resolve conflicts in relation to these matters.

The Personal and Social Capabilities focus for this semester include:

- Assess the extent to which individual roles and responsibilities enhance group cohesion and the achievement of personal and group objectives.
- Assess the appropriateness of various conflict resolution strategies in a range of social and work-related situations.
- Assess enablers of and barriers of effective verbal, nonverbal and digital communication
- Plan school and community projects, applying effective problem-solving and team-building strategies, and making the most of available resources to achieve goals

Learning Outcomes

Students will be assessed on the following Learning Outcomes:

- HEALTH (1068) - Evaluates the impact on wellbeing of relationships and valuing diversity
- HEALTH (1069) - Analyses factors that influence emotional responses
- HEALTH (1070) - Investigates strategies and practices that enhance own, others' and community health, safety and wellbeing
- HEALTH (1074) - Demonstrates skills to make informed decisions, and proposes and implements actions that promote own and others' health, safety and wellbeing

Student progression in Self-Management and Self-Awareness Elements will also be reported through the following:

- Demonstrates respect for others
- Appreciates different points of view
- Develops respectful relationships
- Collaborates with peers
- Negotiates and resolves conflicts

Assessment Tasks

Students will be assessed on their participation and completion of classwork and assessment tasks.

| Task | Week Due* |
|------------------------|----------------|
| Classwork | Ongoing |
| Relationships Task | Term 3, Week 9 |
| Risk Minimisation Task | Term 4, Week 8 |

*Due dates are an estimate only

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