

Year 7 Physical Education

Semester 1 Course Outline

In Physical Education this semester, students will develop the fundamental movement skills of throwing, catching, striking, kicking and gymnastics through a range of activities. They will complete a Track and Field unit in preparation for the school athletics carnival and will participate in regular fitness classes. Students will have opportunities to evaluate their performance and the performance of others throughout the semester.

Learning Outcomes

Students will be assessed on the following Learning Outcomes:

- 7/8.1071 - Investigates and applies movement concepts and selects strategies to achieve movement and fitness outcomes.
- 7/8.1073 - Applies personal and social skills to establish and maintain respectful relationships and promote safety, fair play and inclusivity.
- 7/8.1075 - Demonstrates control and accuracy when performing specialised movement sequences and skills.
- 7/8.1076 - Applies movement concepts and refines strategies to suit different movement situations.
- 7/8.1077 - Applies the elements of movement to compose and perform movement sequences.

Assessment Tasks

Students will be assessed on their participation and completion of classwork and assessment tasks.

Task	Week Due*
Physical Education, Fitness and Movement Concepts Demonstrating inclusive, respectful, safe and fair play	Ongoing throughout the semester

Teachers: Kate Bradley, Martin Desmet, Tim Folkard, Angelica Pahina and Kay Paten

Executive Teacher: Kay Paten