

Vol 4 May 2018

220 Badimara Street
Waramanga ACT 2611

Tel: 6142 3444
Stromlo.Enquiries@ed.act.edu.au

School Board

School Board Chair: Louise Newey
Community Member: Alan Wu
Parent Members: Craig Lilley, Louise Newey, Bronwyn Madge
Student Members: Isla Ward & Isaac Witrzen
Teachers Members: Rod Grieve

IMPORTANT LINKS

Website: www.mountstromlo.act.edu.au
Schoology: <https://mountstromlo.schoology.com>

IMPORTANT DATES

28 May Reconciliation Day Public Holiday (ACT)
18 June School Board Meeting 5.30pm
18 June P & C Meeting 7pm

See calendar on school website for more details



Principal's Message

It has certainly been a busy week so far! On Monday Minister Chris Steel and Minister Bec Cody visited to see the new roof and the amazing art work some of our Aboriginal students created with Sarrita King, late last year. Sarrita is an amazingly talented artist, mother and exceptional role model for our students. She is a Guringji woman from the Northern Territory,

the younger sister to fellow artist, Tarrisse King and daughter to the late highly regarded artist, William King Jungala (1966 - 2007). While she was visiting Canberra for a few months she worked with our students teaching them about the traditional painting techniques and symbolism. The artwork reflects the Canberra landscape at night with bright stars, the Milky Way and our school as a place of learning. The art work is beautiful and hangs proudly in our refurbished conference room.



Tuesday morning was a visit from triple Olympian and silver medalist, David Morris. David made history at the 2014 Winter Olympic Games in Sochi when he became Australia's first male to win an Olympic aerials medal. David spoke to staff and students about his journey and the lessons he learnt along the way. While the standing backflip he did on stage earned deafening cheers from students, the message that 'attitude is more important than winning and everyday can be productive if you choose' was inspiring.



On Wednesday evening we opened the school for 2019 prospective students and their families. It was a great night, showcasing the best our school has to offer. Visiting parents were impressed by how enthusiastic and knowledgeable our teachers are, and the positive way all our student volunteers spoke about their learning and how connected they are to the school community.

Kate

Careers Information

Work Experience (WEX)

There are many Yr 10 students out on WEX placements this week and next - a very big thank you to all our work experience hosts that make this program possible. If you have a business and would be able to take on a student to complete a WEX placement, I would love to hear from you as we are always looking to expand our network for our students. Yr 10 students have until end of Term 3 to complete their placement. If any student needs assistance choosing or organising the placement they can see their TEAM teacher or come and see me. Yr 9 students can also start thinking and planning their placements which can be completed from next term.

ACT Health WEX placements

Students wishing to experience time at the Canberra Hospital need to apply quickly as the dates are filling up. The placements are available in nursing and medical, allied health professionals and administration roles. The application details and forms are on the Yr 9 and 10 career pages on Schoology. The placements are available to Yr 10 students only.

Year Nine Career Conversations (CC)

Career conversations are continuing with Year 9 students and are aimed to develop a career plan that embarks on documenting the process of finding out what the student wishes to do in the future and how they are going to get there! CC's also assist students with WEX planning. All students will have the opportunity to develop a career plan by mid Term 3.

Vocational Learning Opportunities (VLOs)

We currently have 11 students involved in VLOs. They are gaining skills and knowledge in a specific area and experiencing an adult learning environment. There will be more VLOs available next semester in many areas including hospitality, beauty and animal services.

General Construction (White Card) and Asbestos Training

Students wishing to complete paid work or work experience on a site must complete specialised

training in occupational health and safety and working with asbestos. We will be running this training at the school on 28 and 29 June 2018. The total cost of this training will be \$140. Permission notes will be available in the library and on the Year 9 and Year 10 shortly.

Upcoming workshops

A workshop to help parents/carers engage in positive career conversations with their student will be held at Mount Stromlo High School on **Wednesday 15 August 5:30-7pm**. It will be presented by Jennie Sheppard, Career Practitioner at Mount Stromlo High School and Jo Wisdom, ACT Education Directorate. **For more information or RSVP please contact jennie.sheppard@ed.act.edu.au**

Latest Information

Visit the Year 9 and 10 Careers Google Classroom year group pages under CAREERS for the latest information and I am available for students to access Careers help and information every Break 2 in the library.

Jennie Sheppard
MSHS Career Practitioner

Sports News

Athletics Carnival

On Tuesday 8 May, MSHS held our annual athletics carnival at the Woden Park Athletics Track in Phillip. We were blessed with the last of the nice autumn weather before the cold snap hit later in the week. Attendance was great on the day with 430 students in attendance but we're always looking to improve on this figure next year. Students had the opportunity to compete and represent their sports houses in a range of track (running) and field (throwing and jumping) events throughout the day using world class facilities.

Oz Tag

On Tuesday 1 May, MSHS had five teams represent our school at the Southside Oztag Competition. All teams played well on the day and represented our school with pride. Special mention to two of our girl's teams with one junior team making the semifinal and our senior girls' team narrowly losing the grand final in extra time. Well done Girls!

Basketball

On Thursday 3 May, MSHS had three teams representing our school at the ACT Basketball Finals with all teams having qualified in their respective Southside competitions last term. None of the teams came away with any silverware on the day but all teams represented our school with pride and had a great time doing so. Well done to all teams.

Physical Education and Health

A reminder that all students are finishing their health units this week so should be completing their assessment tasks for the following units:

Year 7: Social Health/Respectful Relationships

Year 8: Self Concept and Well Being

Year 9/10: Mental Health

From the beginning of week 4, all students will be recommencing practical units in their PE classes so will need to bring their correct PE uniforms to change into for these lessons. As the colder weather is now upon us, students may wear jumpers over the top of their PE shirts. Students can also wear black tracksuit pants or change into appropriate black leggings but these cannot be worn as general school uniform so must be changed out of before heading back to other lessons.

Mount Stromlo High School Representative Athletes

Big congratulations to the following students who will be representing the ACT in the following sports:

Laura Kearney and Isabella Brookes (Year 9) will be representing the ACT in the U15 Australian Netball Championships which will be held in Melbourne in late July/early August;

Alyssa Hancock (Year 10) who has been selected in the ACT U16 Girls Hockey Team;

Marcos DaSilva (Year 7) who has been selected in the ACT U12 Soccer Team;

Julian Lentell (Year 7) who will be representing the ACT in the Australian Little League Baseball Championships in Lismore in June. He will also be touring the USA in August as part of the World Baseball Showcase tour.

Hayley Taylor Young (Year 10) has been selected to represent the ACT in the Under 17s Soccer team which will be playing against other Australian states and territories at a competition at the AIS 28 May- 1 June as a talent identification opportunity for the 'Mini Matildas' - Good luck Hayley!

TAF News

Our year 9 and 10's Acting Techniques class has been working on our annual theatre production. This year is Noel Coward's Hay Fever which will be played at Canberra College on 20 and 21 June 2018 at 7pm for \$10 per ticket. You can reserve tickets by emailing Miss Jones on molly.jones@ed.act.edu.au

Noel Coward's Hay Fever is set in the 1920's and tells the story of a weekend with the Bliss Family at their estate in the countryside near London. The weather forces the Blisses to entertain their guests inside. The chaos begins and the series of bad manners begins a comedy of errors. This is a show you do not want to miss! Come and support our very talented Year 9/10 Acting and Production Team!

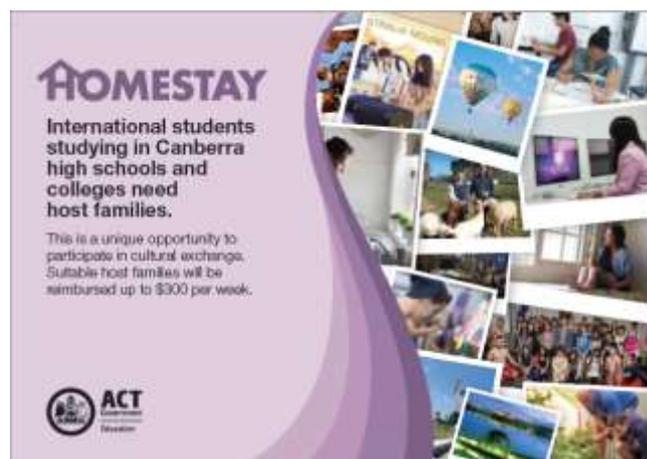


Community News

Bunnings BBQ Fundraiser for Mt Stromlo High - Saturday, 23 June at Tuggeranong

Mt Stromlo P&C is holding a fundraiser BBQ at the Tuggeranong Bunnings on Saturday, 23 June. We encourage parents/carers and students to volunteer for a 2 hour shift on the day to help raise money for our school. If you are unable to provide your time, donations of the following items would be gratefully received at the Front Office: - Tomato Sauce, BBQ Sauce, Mustard, Serviettes, Kitchen Paper, Aluminum Foil, Foil Roasting Trays, Cans of Coke, Lemonade, Fanta, Diet Coke, Bottles of Water and Disposable Gloves.

The BBQ will sell between 9am and 4pm on the day with volunteers required to set up from 7:30am and pack up until 5pm. If you are able to volunteer your time for two hours or donate some items please contact Michael Forster at mjm@inet.net.au. Your help and support is appreciated and all profits will go towards the bike rack roof and cage project.





6287 3833

Being a parent is the hardest job we'll ever have. All parents at some time experience difficulties and stress.

Parentline ACT

is a confidential and free telephone and face-to-face counselling and information service.

Phone Parentline if you would like:

- To talk with someone about those parenting issues.
- Help with some ideas on raising children.
- Support in the important job you are doing.
- To know what is available for parents, teenagers and children.
- To build better relationships in your family.
- Help to understand your child or teenager's behaviour.
- Make an appointment for a counselling session.

Parentline ACT.

Monday to Friday (except on public holidays), 9am to 5pm.

Phone: 6287 3833

Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- laptops & tablets
- lessons & activities
- uniforms & shoes
- books & supplies
- sports fees & gear
- camps & excursions

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



Contact
Kathleen Watson
your local Saver Plus
Coordinator

Phone
0448 730 305
02 6283 7606

Email
kathleen.watson@
thesmithfamily.com.au

Web
www.saverplus.org.au



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Beta Street, The Rembrandt Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Click www.saverplus.org.au for more information.

ACT

CANBERRA PUBLIC COLLEGES

Accepting enrolment applications for 2019 from 30 April 2018

www.education.act.gov.au

<p>Canberra College, Phillip Tuesday 15 May 2018 6:00pm-8:00pm ph: 6342 3282</p>	<p>Gungahlin College, Gungahlin Thursday 24 May 2018 5:30pm-7:30pm ph: 6342 3300</p>	<p>Melba Copland Secondary School, Melba Tuesday 8 May 2018 6:00pm-8:00pm ph: 6342 0300</p>
<p>Dickson College, Dickson Thursday 31 May 2018 6:00pm-8:00pm ph: 6342 0160</p>	<p>Hawker College, Hawker Thursday 31 May 2018 6:00pm-8:00pm ph: 6342 0255</p>	<p>Narrabundah College, Narrabundah Thursday 10 May 2018 9:00am-11:30am & 6:00pm-8:00pm ph: 6342 3591</p>
<p>Erindale College, Wannlassa Wednesday 23 May 2018 6:00pm-8:00pm ph: 6342 2977</p>	<p>Lake Tuggeranong College, Greenway Thursday 24 May 2018 3:30pm-5:30pm ph: 6342 3660</p>	<p>University of Canberra Senior Secondary College Lake Ginninderra, Belconnen Thursday 17 May 2018 6:00pm-8:00pm ph: 6342 1022</p>

OPEN NIGHTS 2018

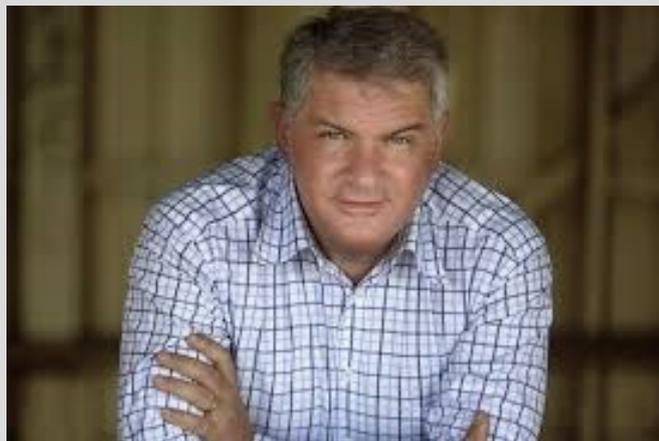


A presentation for parents:



The Ten Most Important Things you Should Tell your Children to Build Resilience and Happiness

The latest news from the science of positive psychology applied to bringing up children and teenagers. Come and join us for an evening with the acclaimed psychologist Michael Carr-Gregg. The presentation will be followed by a question and answer session with the audience.



Erindale Theatre

McBryde Crescent, Wanniassa

Thursday 7 June

7pm

Tickets \$25

For ticket enquires or purchase please contact

amy.blyton@ed.act.edu.au or call 6205 6011