

Year 9/10 Health Education

Semester 1 Course Outline

This semester students will participate in two health units. In Term 1, students will access credible information to identify myths and misconceptions about alcohol and other drugs. They will investigate binge drinking and explore the impact of risk-taking behaviours on health and wellbeing. Students will examine strategies to minimise risks and make safe and healthy decisions when under pressure in social situations. They will analyse the responsibilities involved with party planning, and identify ways they can prevent antisocial behaviour when socialising. In term 2, students will investigate the potential consequences of sexual activity and decision making regarding sexual health. Students investigate the characteristics of positive, respectful relationships and the rights and responsibilities of individuals in relationships. They evaluate different social contexts and develop empathetic and ethical decision-making strategies to promote safe and healthy decisions.

Learning Outcomes

Students will be assessed on the following Learning Outcomes:

- 9/10.1078 - Critically analyses contextual factors that influence identities, relationships, decisions and behaviours
- 9/10.1080 - Evaluates the outcomes of emotional responses to different situations
- 9/10.1081 - Accesses, synthesises and applies health information from credible sources to propose and justifies responses to health situations
- 9/10.1085 - Applies decision-making and problem-solving skills when taking action to enhance own and others' health, safety and wellbeing

Assessment Tasks

Students will be assessed on their participation and completion of classwork and assessment tasks.

Task	Week Due*
Party Safely (in-class task)	Term 1, Week 4 Monday 24 February via Google Classroom
Sex Education (in-class task)	Term 2, Week 4 Monday 18 May via Google Classroom

*Due dates are an estimate only

Teachers: Kate Bradley, Kate Cecere, Martin Desmet, James Farrell, Tim Folkard, Brad Jones, Tom Leddy, Angelica Pahina and Kay Paten

Executive Teacher: Kay Paten