

OUTDOOR EDUCATION – WEE JASPER CAVING TRIP

24/02/2020

Dear Parents and Carers,

Our first Outdoor Education camp for the semester is a Caving Trip to Wee Jasper. This trip will involve exploring the extensive caving systems, abseiling, light weight camping and cooking using Trangias.

Any student who demonstrates behaviour that does not align with our school values whilst on this excursion will receive consequences in line with our student management policy. This may be referred to the Student Management Team upon returning to school.

Students will be travelling by bus both to and from the venue and need to bring a packed lunch from home on the first day of camp. Attached is the packing list for all required gear your child will need.

Please read through the Permission Note, Waiver and Medical Form carefully, complete all required details and return to Angelica Pahina by **Friday 6 March 2020**.

The Outdoor Education Levy Payment is required to be made to the Finance Office by **Friday 6 March 2020**.

IMPORTANT INFORMATION:

Venue:	Wee Jasper – Billy Grace Reserve - Nottingham Road, Wee Jasper, NSW, 2582
Date:	Thursday 19 March to Friday 20 March 2020
Time:	Departing 12:30pm (Thursday) – Returning 5:00pm (Friday)
Transport:	School Bus
Cost:	Included in the Outdoor Education Levy
Clothing & Other:	Packing list provided

During school hours, Mount Stromlo's front office can relay messages to staff and students on the excursion. After hours, the teacher in charge of the excursion can be contacted on 0403 183 820

If you have any questions regarding this excursion, please contact Angelica Pahina on 6142 3439 or email via Angelica.Pahina@ed.act.edu.au.

Regards

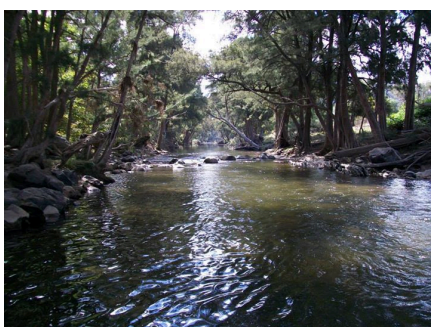
Angelica Pahina
Outdoor Education Teacher



OUTDOOR EDUCATION – WEE JASPER CAVING CAMP

PACKING LIST

	1.5 Litre drink bottle
	2 Towels (beach towel and bathroom towel)
	Sleeping Bag
	Pillow
	Personal Toiletries
	Sunscreen
	Socks
	Undies
	Swimwear
	Suitable clothing for hot and cold weather for 2 days (old clothing or overalls are suggested for caving)
	2 Pairs of Shoes (comfortable footwear for around camp and sturdy shoes for caving that will get wet and muddy)
	Raincoat that is windproof, waterproof and has a hood
	1 large plastic garbage bag – for muddy clothing
	Mess Kit (consisting of bowl, plate and cutlery)
	Torch
	Personal Medication (if required)





MOUNT STROMLO HIGH SCHOOL PERMISSION NOTE OUTDOOR EDUCATION – WEE JASPER CAVING CAMP

I give permission for my child _____

to attend the **Outdoor Education – Wee Jasper Caving Camp** excursion from **19 to 20 March 2020**. I have completed the attached Medical Consent Form.

I understand staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities.

I am aware that staff members are not responsible for injuries or damage to property which may occur on an excursion where, in all circumstances, staff have not been negligent. I will warn my child of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.

I have read the attached information regarding this excursion and understand what it contains.

Full name of parent (please print): _____

Signature of parent: _____

Date: / /

Confidential Application and Medical History Form



NAME/S:(Participant/s) **AGE:** (if U18); Over 18

CONTACT PHONE NUMBERS:

I am aware that K7 Kosciuszko Adventures activities / programs, in addition to usual dangers and risk inherent has certain additional dangers and risks of which may include:

- physical exertion for which I may not be prepared
- weather extremes subject to sudden and unexpected change
- remoteness to normal medical services
- evacuation difficulties if I am disabled or travelling on country roads

I accept that K7 Kosciuszko Adventures staff/instructors/leaders will have the ultimate say in whether or not a participant is able to participate in an adventure activity or program, or if they feel that a person or the group is at risk, they have the right to make alternative arrangements. In order to ensure safe participation in the activities / program, or if I have any doubts about the suitability of my health or the health of people in my care, I can always consult my Doctor for advice or approval. On extended programs, participants may be required to produce a Doctor's certificate. This must be produced before the day of departure.

The following information is intended to assist K7 Kosciuszko Adventures in case of any emergency with you / your child / person in your legal care.

Learning difficulties need to be discussed, so that Leaders are able to accommodate accordingly.

Please describe any Learning Concerns if any

Name and telephone numbers of contact people.

Emergency Contact Name	Relationship to Participant	Home	Work	Mobile
* To be completed if participant is under 18				
	* Mother Full Name			
	* Father Full Name			

Do you (or your child or person in your legal care) suffer from any of the following? NO

Please circle Any pre-existing medical or other condition that may affect or risk other persons or myself.

Asthma, Diabetes, Epilepsy/Fits, Fainting/Dizziness, Blackouts/Migraines, Disability, Heart/Blood Condition, Allergic Reactions, Pregnancy, Uneven Pupils, Recent Injuries, Medications, Other

Allergies:

Describe:

Describe Reaction:

Tetanus Immunisation

It is particularly important that people dealing with horses are immunised against tetanus. Tetanus is normally given at five years of age as a Triple antigen or CDT and at fifteen years of age as ADT. Years of least tetanus immunisation

Medication

Is it necessary for you or your child or person in your legal care to carry their own medications at all times.

Name of drug: Dosage: Frequency:

Consent to Medical Attention I authorize the instructor in charge to administer first aid and call an ambulance if necessary for the medical attention of myself or my child or person in my legal care. I agree to bear any cost thereby incurred.

Signature of Participant / Parent / Guardian : Date: Name:

LIABILITY WAIVER FORM

EXCLUSION OF CERTAIN RIGHTS TO SUE



The purpose of this agreement is to limit the liability of the Provider to exclude liability for any personal injury or death to the Participant and other people in the care and control of the Participant howsoever caused who signed this form as acknowledgement of the terms and conditions of this agreement. By signing this form you are waiving your rights to sue the Provider for losses relating to personal injury or death. Under the provisions of the Trade Practices Act and Various State Laws conditions are implied into contracts that mean that the Provider of Recreational Services, noted below, is required to ensure that the Recreational Services it sells to you are: rendered with due care and skill, are fit for reasonably be expected to achieve the result you have made known to the Provider.

Name and address of Provider:

K7 KOSCIUSZKO ADVENTURES PO BOX 593 JINDABYNE NSW 2627

The Participant acknowledges that the activity being undertaken is an activity being undertaken for the purposes of recreation, enjoyment or leisure which involves a significant degree of physical risk. The Provider acknowledges that they are providing Recreational Services detailed below which means; providing facilities for participation in a recreational activity, or training a person to participate in a recreational activity, or supervising, adjudicating, guiding or otherwise assisting a person's participation in a recreational activity.

The Participant hereby acknowledges that in attending the recreational activity that there are inherent risks involved to him or her or other people in their care and control. This agreement is directed and limited to inherent risks that are patent. The participants also acknowledges that the purpose of the recreational activity is for the benefit of the Participant and for the benefit of those people attending with the Participant and that at all times the Participant is responsible for his or her own actions and the actions of other people in his or her care and control.

Description of Recreational Services: Rock climbing, abseiling, via ferrata, bushwalking, caving, cross country mountain biking, cross country skiing, ski touring, snow climbing, ice climbing, caving, photography tours, avalanche training and accreditation, nordic ski instruction.

Steps taken by K7 Kosciuszko Adventures to avoid the danger of personal injury or death:

EXAMPLES OF RISK CONTROLS: Weekly equipment inspections, trained staff, staff participant ratio compliant with the Industry standards, adherence to industry codes of practice and activity standards, emergency procedures in place; contingency plans in place for emergencies; all staff qualified in first aid, communications procedures in place.

The Participant acknowledges that during all times while he or she is attending the recreational activity he or she does so at his or her own risk and that the Participant and other people in the care and control of the participant will not hold the Provider or any of its employees or agents liable for any personal injury or breach of contract whether caused by the negligence of the Provider its employees or agents howsoever caused or otherwise. The Participant acknowledges that in the event that he or she or any of the other people in their care and control find either or any of them is in difficulty that they are to stop the activity or request that the activity be stopped if appropriate, and seek help and/or assistance and advice.

Declaration and signature

By signing this agreement I understand that the Recreational Services about to be sold to me as set out in this form may cause my and or my dependants personal injury or death. By signing this agreement I understand that I and my dependants waive our rights to sue the Provider for losses relating to my and or my dependants personal injury or death that result from any negligence caused by the Provider.

Signature/s of Participant/s

Date

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Printed Name/s

email address

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Signature of Legal Guardian (if participant is U/18)

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I consent for the use of any images / movies / media of myself / people in my care by K7 Adventures

By completing the attached Medical History Form you are supplying K7 Kosciuszko Adventures with personal information about yourself. This information is needed to ensure your safety during your time with us. K7 Kosciuszko Adventures is required to collect this information by our insurance company and by the Department of Workplace Health and Safety. This information you provide will not be supplied to any other organisation or used for any other purpose.

www.k7adventures.com e: contact@k7adventures.com SMS/MOB: 0402 298 821